

SARDAR PATEL MAHAVIDYALAYA, CHANRAPUR  
**DEPARTMENT OF PHYSICAL EDUCATION & SPORTS**  
ANNUAL REPORT  
2020-21

**DR. VIJAY E. SOMKUWAR**  
HOD DEPT. OF PHYSICAL EDUCATION & SPORTS

Department of Physical Education & Sports Sardar Patel Mahavidyalaya, we are provide our students umpteen opportunities to the students in the field of sports and over all development by the way of sports infrastructure and highly qualified staff, coaches and trainers. It is our constant endeavor to infuse the latest technique, practices in sports curricular, extra curricular and other activities, so that we can achieve our goals.

It gives us immense pleasure to present the annual report 2020-21 from the spring 2020 our players able to pivot to distance learning in first days while some colleges were sheltered for weeks in spite of the challenges of the ongoing pandemic, thanks to the players and co-operation of our staff which enabled us to work in such critical situations.

❖ ***The impact of Covid-19 on sporting events and implications for social development.***

To safeguard the health of players and others involved, most major sporting events at All India Inter-University ,Gondwana University level Inter-collegiate Tournament, State level, National Level, District level, Regional level tournament have seen cancelled or postponed. Physical education Department have shown their solidarity with efforts to reduce the spread of virus. Department Arrange

Players and take awareness programmed. Pass the message to kick out Corona virus campaign by well known players messages, Banners, Videos, Poster making & multimedia to follow five key steps to stop the spread of the disease focused on hand washing, coughing etiquette ,not touching one's face, physical distance and staying home if feeling unwell. The department of physical education and sports makes itself as one amongst the most efficacious department of Sardar Patel Mahavidyalaya. It strives to excel at all levels and bring laurels to the college with the help of college faculty, we are continuously improving in sports field. Considering the concept of "SPORTS FOR ALL" throughout the entire session we organized---

#### **June-2021 International Yoga day**

- ❖ Department organize Covid-19 Quiz for awareness for all. Students and others people actively participated in large numbers and got E-certificate online.
- ❖ The department took initiative to do Yoga along with their societies. Most of them have made it a routine of their life. A Yoga expert Mr. Anup Bharti demonstrating different simple Yoga Aasan & Pranayam and their benefits was created. This on-line mode activities our college faculty, Non-teaching staff, Players and students actively participated in large numbers.
- ❖ The department took care, great care to uplift the spirit of people through social media by awareness videos relevant to the lockdown period. The department players engaged in making & distributing mask in their localities, villages. The department conduct digital poster making and awareness video making contests.

#### **July 2020**

- ❖ Department organized National Level on line Sports Quiz competition for the players and students. All of actively participated in large numbers and got E-certificate also.
- ❖ Department organize Food packets distribution programmed for poor people of society's grains during Covid-19 pandemic lockdown periods.



### **August 2020**

- ❖ The department observed ,the environment by creating awareness and tree plantation programmed arrange dated on 8<sup>th</sup> August2020.Under this initiative many numbers of tree (100) were planted. Students actively participated in this activity. The principal of the college hon'ble Dr. R. P. Ingole provided guidance of the programmed.
- ❖ Department organized one day National level Webinar . All faculties ,Players, Students &other peoples actively participated in this national level webinar on the topic of "Immunity Building through Sports" Covid-19 by Guest speaker Dr Anil Karwande.

### **September, October 2020**

- ❖ Department organized awareness rally "How to protect people from Corona-infection"
- ❖ Distribution mask in Nandgaon (Pode) village.
- ❖ Awareness programmed via video mode "How to protect covid-19"

### **November,December 2020**

- ❖ Department organized on line Yoga practice , Physical Exercise for players via different types of video.
- ❖ Departmentorganised on line lecture for players via videos on the topic Importance of physical exercise,games and sports rule, skill development etc.

### **January, February 2021**

#### **Blood donation Camp**

- ❖ The day was remembered by spreading the message about the importance and measures to be taken to safe Blood Donation Camp during the time of Pandemic dated on 30<sup>th</sup> January 2021 an occasion of Late.Shri Shantaramji Potdukhe president of SSSM Birth Anniversary.65 Players blood donated in this camp.
- ❖ Vaccination awareness programmed arrange via players telegram group ,like digital poster
- ❖ Covid awareness programmed via videos like social distancing, regularly hand sanitizing, mask, hand washing etc.

- ❖ Lecture on “Regular Diet Plan “ organized via players telegram Group.
- ❖ Department organized Chandrapur District Level Ball-Badminton tournament for men & women dated on Sunday 21<sup>st</sup> February 2021. 16 teams of men section and 8 teams of women section were participated. Our college Girls team stood Runner-Up and Men team got 3<sup>rd</sup> place.
- ❖ Department organized Gondwana University sponsored one day work shop on “Disaster Management Training “ dated on 24<sup>th</sup> February 2021. In this work shop near about 100 student were participated with different colleges.

### **March, April, May 2021**

- ❖ Department organized on telegram group Covid -19 vaccination awareness poster making programmed.
- ❖ Covid awareness programmed organized on players telegram group.
- ❖ Importance of physical exercise in pandemic videos lecture on telegram group.
- ❖ Diet plan chart awareness programmed.
- ❖ Preparation of National level webinar organize Gondwana University & Sardar Patel Mahavidyalaya jointly organize in the month of June 2021 on the topic of “Yoga in Pandemic for healthy life “.

***We are waiting for the next academic session ,we will being a lot of good programs ,sports activities, training, coaching camps and will conduct here for students to develop their intellectual,emotional,physical,mental and spiritual health.***

**( Dr. Vijay E. Somkuwar)**

HOD

Department of Physical education & Sports

**(Dr R. P. Ingole)**

Principal

Sardar Patel Mahavidyalaya, Chandrapur



**Organised Gondwana University Level Disaster Management workshop dated on 24<sup>th</sup> February 2021 Hon'ble Principal Dr. R. P. Ingole Delevering a speech, Hon'ble Sashikant Mokashe, Vice Principal Dr. Swapnil Madhamshettiwar**



**Organised District level Ball Badminton tournament dated on 29<sup>th</sup> February 2021 Innaugral function delevering speech Hon'ble Principal Dr. R. P. Ingole**



**On occasion of Prize Distribution Programme of district level Ball Badminton tournament  
Hon'ble Principal Dr. R. P. Ingole, Chandrapur district Ball Badminton association  
secretary Shri Mahendra Kapoor, Shri Adpewar**





**An occasion of Celebrating Late Shri Shantaramji Potdukhe Birth Anniversary organised Blood Donation Camp dated on 30<sup>th</sup> January 2021. Delevering speech Hon'ble Shri Prashant S. Potdukhe Secretary SSM, Joint Secretary Dr. Kirtiwardhan Dixit, Principal Dr. R. P. Ingole**



**Resource Person Dr. Anilkumar Karwande Delivering Speech an occasion of National level Webinar on the topic of "Immunity building through sports" Covid-19**



**Distributing Mask, Sanitizer & Awareness Programme Covid-19 Hon'ble Principal Dr. R. P. Ingole, Dr. V. E. Somkuwar, Dr. Kuldeep R. Gond & Sportsmen etc. dated on 1<sup>st</sup> May & 10<sup>th</sup> June 2020 at village Arwat, Chandrapur**





**Celebrating Tree Plantation Programme on 8<sup>th</sup> & 13<sup>th</sup> August 2020 CMC Mayor Hon'ble Rakhi Kancharlawar, SSM Secretary Hon'ble Prashantbhou S. Potdukhe, Principal Dr. R. P. Ingole, Shri Deepak Jaiswal**



**Hon'ble Principal Dr. R. P. Ingole an occasion of 15<sup>th</sup> August 2020 Flag Hosting**





**Organising Gondwana University Level Disaster Management workshop dated on 24<sup>th</sup> February 2021 trainer shri Sashikant Mokashe delivering speech with practical**



**Distributing Mask, Sanitizer & Awareness Programme Covid-19 Hon'ble Principal Dr. R. P. Ingole, Dr. V. E. Somkuwar, Dr. Kuldeep R. Gond & Sportsmen etc. dated on 1<sup>st</sup> May & 10<sup>th</sup> June 2020 at village Arwat, Chandrapur**





**Distributing Mask, Sanitizer & Awareness Programme Covid-19 Hon'ble Principal Dr. R. P. Ingole, Vice Principal Dr. Swapnil Madhamshettiwar, Dr. V. E. Somkuwar, Dr. Kuldeep R. Gond & Sportsmen etc. dated on 1<sup>st</sup> May & 10<sup>th</sup> June 2020 at village Arwat, Chandrapur**